2021 STAND AGAINST RACISM
Addressing Racism as A Public Health Crisis

PANELISTS

• Lovie J.J. Foster, PhD, MSW
  Wellness Practitioner
  Learn more about Lovie on LinkedIn

• Chantele Mitchell-Miland, PhD, MPH
  Epidemiologist, Health Disparities and Health Equity
  Learn more about Chantele at chanteledreams.wixsite.com/daretodream-1

• Dr. Cathy Sigmund, PhD, CWM
  Director, Behavioral Health & Community Wellness, Northside Christian Health Center
  Director, Refugee/Immigrant Ministries, Allegheny Center Alliance Church
  Learn more about Cathy at cccpgh.org/about/cathy-sigmund/

Read more about our panelists here.

SUMMARY OF DISCUSSION & RESOURCES
Our speakers spotlighted the following resources as important in addressing racism as a public health crisis.

• COVID-19 and Racial Disparities:
  o pittsburghcurrent.com/author/cemmddm123

• Resources for talking about race and trauma:
  o Dr Joy DeGruy: joydegruy.com/post-traumatic-slave-syndrome
  o Dr. Camara Jones youtube.com/watch?v=to7YrI50iHI
• Local government response to racism and public health:
  o nonprofitquarterly.org/racism-as-a-public-health-crisis

• Local organizations addressing racism and its impact on regional well-being and health:
  o Welcoming Pittsburgh: pittsburghpa.gov/wp/index.html
  o One PA/environmental justice: onepa.org/our-story
  o Steel Smiling/stress and mental health support: steelsmilingpgh.org/about_us
  o Brown Mamas/women’s health: brownmamas.com

• Racially inclusive media and news:
  o The Soul Pitt: thesoulpitt.com/main and twitter.com/thesoulpitt
  o The Root: theroot.com
  o Pittsburgh Courier: newpittsburghcourier.com

**TAKE ACTION TO STAND AGAINST RACISM!**

• Take the 1st Step: Tell Congress it's time to declare racism a public health crisis!
  But calling for passage of this resolution is only the first step in a series of advocacy efforts targeted at uprooting racism. We urge you to take your advocacy one step further by writing your elected officials on one or more of the following issues targeted at breaking down barriers of racism, marshalling resources, and opening pathways to health, well-being and opportunities for marginalized communities:

  • **STEP 2:** End Maternal Mortality: Cosponsor the Black Maternal Health Momnibus Act (S. 346/H.R. 959)

  • **STEP 3:** Stand Against Racism: Pass the COVID-19 Hate Crimes Act (S. 937)

  • **STEP 4:** Demand Safety, Accountability, and Justice for All: Strengthen and Pass the George Floyd Justice in Policing Act (H.R. 1280)

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**Missed April’s Action Conversation?**
You can find recordings of all our previous Action Conversations at youtube.com/ywcapgh