

YWCA Greater Pittsburgh Center for Race and Gender Equity

# ACTION CONVERSATIONS ON RACE

October 21<sup>st</sup>, 2020

## Breast Cancer and Race

### PANELISTS

- Yolanda Murphy, Breast Cancer Survivor  
<https://www.youngsurvival.org/profiles/patient-education/yolanda-murphy>
- LaJuana Fuller, Director of Women's Imaging, UPMC Magee Women's Hospital  
<https://www.guidetogoodhealth.com/Articles/Cancer/MageeBreastImagingCenters.asp>

### SUMMARY OF DISCUSSION & RESOURCES

- Know the facts and debunk myths about breast cancer:  
<https://www.hopkinsmedicine.org/health/conditions-and-diseases/breast-cancer/6-mammogram-myths>
  - **Cancer is NOT always a lump** – not all are visible, and some don't present on images.
  - **Breast cancer isn't just a women's issue.** About 1% of those affected by breast cancer are men (2000+ cases a year).
  - It is a myth that some breasts are too small to get cancer and that larger-sized breasts will get breast cancer. The truth is that **there are breast cancer incidences in breasts of varying sizes.**
- American Cancer Society's recommendation for mammograms and other cancer screenings:  
<https://www.cancer.org/healthy/find-cancer-early/cancer-screening-guidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer.html>
- Resources for getting a mammogram:
  - Adagio Health mammogram voucher program: <https://www.adagiohealth.org/cancer-screening-programs><https://www.facebook.com/AdagioHealth/>
  - UPMC partnership with A Glimmer of Hope Glimmer of Hope:  
<https://www.facebook.com/glimmerofhope/>

- **Self-advocating and knowing your own health and body is essential for breast cancer detection and treatment.**
  - CDC Study: Richardson LC, Henley J, Miller J, Massetti G, Thomas CC. Patterns and trends in Black and white differences in breast cancer incidence and mortality—United States, 1999–2013. MMWR 2016;65(40):1093–1098:  
[https://www.cdc.gov/cancer/dcpc/research/articles/breast\\_cancer\\_rates\\_women.htm](https://www.cdc.gov/cancer/dcpc/research/articles/breast_cancer_rates_women.htm)