October 21st, 2020
Breast Cancer and Race

PANELISTS

- Yolanda Murphy, Breast Cancer Survivor
  https://www.youngsurvival.org/profiles/patient-education/yolanda-murphy
- LaJuana Fuller, Director of Women’s Imaging, UPMC Magee Women’s Hospital
  https://www.guidetogoodhealth.com/Articles/Cancer/MageeBreastImagingCenters.asp

SUMMARY OF DISCUSSION & RESOURCES

- Know the facts and debunk myths about breast cancer:
  https://www.hopkinsmedicine.org/health/conditions-and-diseases/breast-cancer/6-mammogram-myths
  - Cancer is NOT always a lump – not all are visible, and some don’t present on images.
  - Breast cancer isn’t just a women’s issue. About 1% of those affected by breast cancer are men (2000+ cases a year).
  - It is a myth that some breasts are too small to get cancer and that larger-sized breasts will get breast cancer. The truth is that there are breast cancer incidences in breasts of varying sizes.

- American Cancer Society’s recommendation for mammograms and other cancer screenings:

- Resources for getting a mammogram:
  - Adagio Health mammogram voucher program: https://www.adagiohealth.org/cancer-screening-programs
  - UPMC partnership with A Glimmer of Hope Glimmer of Hope: https://www.facebook.com/glimmerofhope/
• Self-advocating and knowing your own health and body is essential for breast cancer detection and treatment.